

Kings Park Gazette

A PUBLICATION OF KINGS PARK CIVIC ASSOCIATION

NOVEMBER/DECEMBER 2010

**PLAN AHEAD AND DON'T MISS THE 4th ANNUAL POTLUCK DINNER
AND
KINGS PARK'S 50th ANNIVERSARY CELEBRATION**

By: Marie Cullerton

Yes, the committee has already started planning the 2011 Potluck Dinner. And, yes, the first members of our wonderful community moved into their homes in 1961. It's hard to believe we are 50 years old!

On March 19, 2011 the Kings Park Civic Association will hold our 4th Annual Potluck Dinner. As part of the dinner, we will celebrate the 50th anniversary of Kings Park.

So, plan ahead, and save the date -- March 19, 2011.

All of our previous Potluck Dinners have been extremely well attended. We expect an even bigger turnout this year. Everyone is welcome, but, please help the Potluck Committee by registering early. More details will be in the next issue of the Gazette. Registration for the Potluck Dinner will begin on January 10, 2011. Please call Marie Cullerton at 703-426-4904 or e-mail her at marie@cullerton.com if you need more information.

KPCA Calendar of Events

- November 10 **KPCA Board Meeting** 7:00-9:00 Braddock Hall KP Library
- November 18 **KPCA Community Meeting** 7:30-9:00 Kings Park Elementary School
- November 30 **Book Club** "The Girl With The Dragon Tattoo" by Stieg Larsson 7:30
Call 703-978-1012 to RSVP

- December 3 **Kids Holiday Party** 7:30-9:00 Kings Park Elementary School
- December 15 **Book Club** Open House, Come Discuss Your Favorite Books 7:30
Call 703-978-1012 to RSVP
- December 16 **KPCA Community Meeting** 7:30-9:00 Kings Park Elementary School;
meeting will be short to allow for Adult Holiday Social

- January 10 **Registration Begins for Pot Luck Dinner on March 19**
- January 12 **KPCA Board Meeting** 7:00-9:00 Braddock Hall KP Library
- January 16 **KPINES** Paradiso Restaurant 11:00 am
- January 20 **KPCA Community Meeting** 7:30-9:00 Kings Park Elementary School
- January 25 **Book Club** "Valis" by Philip K. Dick 7:30
Call 703-978-1012 to RSVP

From the President:

I can't believe I've been at this for almost six months. We've accomplished so much, but there is still so much to do.

We held a Volunteer Appreciation Night on October 23. Kings Park has an extremely active civic association, but nothing can occur without the time and effort of those of you in the community who volunteer. Many thanks to "The Nighthawks," the great swing band that provided an evening full of fun. Volunteers, both young and old, snacked on cakes, pies, and cookies and a lucky few won gift certificates from local businesses. See some photos of the fun on pages 12 and 13.

Speaking of volunteers, we'd love to have some new folks get involved. We need new energy, new ideas, and new faces to join the fun. I've created a box at the bottom of the page containing some of the more vital positions that need to be filled in the community. Please consider getting involved.

One of those vital positions is for someone to coordinate our 50th anniversary celebration during the potluck dinner on March 19, 2011. It was in 1961 that the original owners of Kings Park homes moved in. We'd like to celebrate that auspicious occasion and need a small group of people to decide how best to do it. It would be great for this group to have a mix of experiences — maybe an original owner, someone who has been here for at least 30 years, and a second generation person?

I also need another volunteer to sit on a citizen's advisory group regarding the potential changes to the Braddock Road/Wakefield Chapel Road/Danbury Forest Drive intersection. Tom Kennedy has agreed to be one of Kings Park's representatives, but the county would like two people from Kings Park to be involved. If you'd like to be involved, or if you have any concerns or ideas, please contact us at board@kings-park.org and we'll forward your ideas on to Tom.

I'll see you at the community meeting at 7:30 pm on **November 18** at Kings Park Elementary School.

Kayleen Fitzgerald

Volunteers Needed

We always need volunteers to help with different committees. Below are some of the KPCA's more urgent needs:

- ◆ Dispatcher for Neighborhood Watch
- ◆ 50th Anniversary Celebration Coordinator
- ◆ Recreation Committee Chair

Please email board@kings-park.org or call Kayleen Fitzgerald at 703-282-5110 if you could donate your time and energy.

KINGS PARK CIVIC ASSOCIATION
P.O. Box 1243 Springfield, VA 22151
www.kings-park.org board@kings-park.org

BOARD OF DIRECTORS

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Seniors	Gene Mercer	703-978-8705	
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	Nancy Worfolk	703-764-1979	JimWorfolk@yahoo.com

ABOUT THE GAZETTE: The Gazette is published every other month, and suggestions and submissions should be sent to Susan.Metcalf@verizon.net. The KPCA reserves the right to not publish any material it deems inappropriate. To advertise, see the advertising form at www.kings-park.org or contact Susan Metcalf. If you are moving and want to continue receiving the Gazette, join the KPCA and let us know that you need your Gazette mailed to you at your new address.

Focus on Seniors: Ken Malmberg and the Commission on Aging

by Kayleen Fitzgerald

Kings Park resident Ken Malmberg has been active in the civic association for years, most recently as the chair of the Government Affairs committee. However, in 2009 Supervisor Cook appointed Malmberg to the Fairfax Area's Commission on Aging (COA), a volunteer advisory group.

Since the Fairfax County Board of Supervisors designated 2010 as the "Year of Appreciation of Older Adults" to draw attention to the issues of aging in the county, I wanted to talk to Ken about his work on the COA, which helps improve the lives of seniors in Kings Park.

In an email interview, Malmberg explained that the purpose of the COA is to identify and promote better understanding of the problems of the aging, and to plan, promote, and conduct activities to contribute to their well-being. As an all-volunteer group, the COA meets monthly to discuss recommendations to the Board of Supervisors.

According to their website, the COA's goals include ensuring that older adults will:

- be self-sufficient and will avoid premature dependence;
- have meaningful activities including volunteer opportunities that allow them to engage with their community;
- have effective support systems, especially those who are vulnerable; socially or culturally isolated; disabled; or need protection from abuse, neglect, or exploitation; and
- be aware of community services.

The COA also helps implement the "50+ Plan," which was developed by the county in 2007 to create activities in the county that help create aging friendly communities. Malmberg said that 11 initiatives have been measured and reported on since then. The COA reported progress to the Board, and recommended further steps be taken in the areas of housing (universal design), transportation, security, technology, education, employment, recreation, and community focus on neighborhood based services.

As the baby boomers get older, the county wants to provide support and caregiving so they can live in their own homes for as long as possible. Malmberg noted that the county's 50+ Plan was highlighted in an article in the August 20, 2010 issue of U.S. News and World Report, "How Age Friendly is Your Community?"

Another project the COA is undertaking is distributing "50+ Little Kindnesses," a brochure full of ideas of things to do with a senior who may need some attention. Some of the kindnesses listed include "13. Help them negotiate with home repair and lawn service companies," "31. Assist to clean their eyeglasses," and "47. Ask about their former work life and really listen."

Malmberg said that the COA tries to coordinate with other county groups that provide services to seniors and to inform the other groups about issues, problems, and successes. For example, the Fairfax County Agency on Aging is the bureaucratic organization responsible for actual development and delivery of services. The Northern Virginia Aging Network is a coalition of local Commissions and Agencies on Aging that works with members of the General Assembly to address pressing issues in the Commonwealth.

For extensive links regarding senior services in the county, visit <http://www.fairfaxcounty.gov/olderadults>
 For the COA's website, visit <http://www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm>
 For the U.S. News and World report article, visit <http://money.usnews.com/money/blogs/the-best-life/2010/08/20/how-age-friendly-is-your-community>
 For the 50+ Plan, visit <http://www.fairfaxcounty.gov/olderadults/plan.htm>
 For the 50+ Little Kindnesses, visit <http://www.fairfaxcounty.gov/dfs/pdf/adultaging/50pluskindnesses.pdf>

Community Reinvigoration of Trails and Sidewalks

By: Tom Kennedy

Our community sidewalks and trails are a key ingredient in maintaining and improving the quality of life in Kings Park. Keeping our sidewalks and trails clear and accessible helps to maintain a safe environment for children to bike and play, for neighbors to socialize, and for residents to commute to school, work, and nearby shopping centers. Conditions that can inhibit the full enjoyment of our neighborhood sidewalks and trails include:

- Narrowing of sidewalks and trails due to overgrowth of grass or weeds.
- Restriction of access due to overgrowth of bushes into a walkway. Sidewalks are designed with a one foot clearance on either side.
- Low overhanging trees that interfere with both biking or walking. Sidewalks are designed with a 10 foot vertical clearance.

Also, for safety reasons, county zoning requires that visibility around a corner include an unobstructed view between 3 and 10 feet in height to a line approximately 15 to 20 feet back from the corner along each side.

Frequently bushes and trees planted without recognition of future growth have resulted in a generation of unusable sidewalks and unsafe corner conditions for both pedestrians and vehicles.

All residents are requested to look critically at the condition of their sidewalks and nearby trails to help maintain and improve the overall accessibility and quality of life within our community both this spring and throughout the year.

Children's Holiday Party

Please come out and join us at the annual Children's Holiday Party on Friday, December 3rd from 7-9 pm in the Kings Park Elementary School cafeteria. There will be arts & crafts, games, refreshments, and, if you are good, Santa might just make an appearance! If you can help by baking a cake for the cake walk, please contact Rita at 703-425-1293 or rita.botting@gmail.com.

KPCA 2010 Directories

The 2010 KPCA directories have been delivered. If you haven't received your copy, please contact Susan Metcalf at 703-503-0176. Thank you to everyone who delivered them, especially Jean and Tom Kennedy and Marie and Henry Cullerton, who delivered the lion's share.

2nd Generation Kings Parkers

Calling all 2nd generation Kings Parkers! If you grew up in Kings Park and returned as an adult, please contact Lucy Daris at 703-978-1072. We'd love to share your story.

RECYCLING

By: Beverly Boschert



This is a simple declaration, a simple act, but it's one that has the power to change the world. America Recycles Day is November 15. Please keep recycling to keep Kings Park beautiful!

Every week your recycle items are picked up at the curb by your trash/recycling company. Items that can be recycled at the curb include aluminum cans, food cans, glass bottles and jars, plastic bottles, jugs, yogurt and other food containers, and mixed paper. Please empty and rinse cans, bottles, jars, and jugs. Plastic and aluminum items can easily be flattened to save

space. Mixed paper includes cardboard, newspaper, cereal boxes, catalogs, magazines, office paper, colored paper, junk mail, and telephone books. Boxes should be flattened. Shredded paper should be put in a paper bag and taped or stapled shut to prevent littering.

Leaves, grass clippings, and brush trimming (branches and twigs) are picked up at the curb on Yard Waste pickup days. Recycling yard waste is important because it reduces the amount of material destined for disposal. In an average year, over 100,000 tons of yard waste is recycled in Fairfax County. Also, the byproducts of yard waste recycling, namely compost and mulch, provide soil-improving properties to lawns and gardens.

Televisions, computers, and other electronics; fluorescent bulbs and tubes; and rechargeable batteries can be recycled at an "Electric Sunday" but should not be included in the regular trash at the curb.

Bicycles, even if in need of repair, can be donated to "Bikes for the World." Call 703-525-0931 for information. There is a collection November 13 at Burgundy Farm Country Day School, 3700 Burgundy Road in Alexandria. For information on this event call 703-960-3431 (ext. 511) or 301-229-4818.

Cell phones can be donated to the Fairfax County Police Department at any police station. These are used to help victims of domestic violence.

Inkjet printer cartridges can be recycled at the store where you bought them or an envelope can be picked up at the post office and the cartridges mailed in for recycling.

MOTOR OIL:

- Remove used motor oil from the vehicle, taking care not to spill it on the ground.
- Put the motor oil in a clean, plastic container with a tight lid.
- Never store used oil in a container that once held chemicals, food, or beverages.
- Do not mix with anti-freeze, solvent, automatic transmission fluid, paint, or other materials. Do not pour these materials on the ground since they drain into storm sewers and contaminate local lakes and water supplies.
- Some automotive service stations accept used motor oil for recycling. Check with those nearest you, or visit the City of Fairfax, I-66, or I-95 recycling locations

TIRES:

For tires from residences, only tires from passenger vehicles/light trucks are accepted. Take them to the I-66 or I-95 Recycling and Disposal Facility. Please note that there is a fee to offset special processing costs of shredding tires. Tires are accepted both with and without rims. To have tires picked up at the curb, contact your trash collection company. Tires taken to county facilities are shred and reused in various civil engineering projects.

Tips for Your Holiday Season

According to the EPA, Americans generate five million tons of trash between Thanksgiving and New Year's Day – 25 percent more than a six-week period at any other time of the year. Spread holiday cheer through eco-friendly methods. Jodi Helmer, author of “The Green Year: 365 Small Things You Can Do to Make a Big Difference,” offers these tips:

- Use eco-friendly packing materials to mail gifts. Mail your holiday gifts in boxes padded with recycled newspaper or the leftover paper in your shredder. You can also use real peanuts and include a note asking the recipient to feed them to the squirrels once the box is unpacked. Styrofoam accounts for up to 25 percent of the waste in our landfills so try to avoid it.
- Use gift bags instead of wrapping paper. Once you tear the wrapping paper off of a holiday gift, it ends up in the recycle bin but gift bags can be used over and over again. Look for gift bags made with recycled content or purchase plain paper bags and decorate them with recycled holiday cards.
- Buy a cut Christmas tree. Almost all cut Christmas trees were grown on tree farms, which means that their stock is replenished yearly and forests aren't depleted. Cut trees are a much greener choice than artificial trees and you can recycle your cut Christmas tree.

Please Remember: As leaves fall, keep them from the street and storm drains in the street. Only rain down the drain!



Fairfax County residents may use each Electric Sunday recycling event to recycle televisions, computers, monitors, and peripheral electronic devices such as printers, scanners, speakers, keyboards, mice and external drives. Residents may also recycle their unbroken fluorescent tubes and light bulbs at these events as well. This is a free service for Fairfax County residents thanks to our partnership with Covanta Energy, Inc. The next Electric Sunday will be **November 21** from 10 am until 3 pm at the I-66 Transfer Station, 4618 West Ox Road, Fairfax. For additional information call 703 324 5230.

Benefits of Electronics Recycling: Electronic products are made from valuable resources, such as precious and other metals, plastics, and glass, all of which require energy to mine and manufacture. Reusing and recycling these materials from used electronics conserves our natural resources and avoids air and water pollution caused by manufacturing new products.

Leaf and Brush Disposal

Our trees are beautiful, but they sure generate a boatload of leaves in the fall. Fairfax County has many great tips for how best to deal with yard waste; see <http://www.fairfaxcounty.gov/dpwes/recycling/yard-manage.htm>. The tips include options for dealing with leaves and grass as well as brush; some tips are reprinted below:

Leaves and Grass

Best Option - Use a reusable container or a brown paper yard waste bag (also known as a Kraft bag). Both of these items are available in local stores and do not add contaminants to the leaves and grass when composted.

Last Option - Clear plastic bags should be used as a last option because they cause equipment problems at the processing facility. They are very difficult to remove during all phases of the composting process.

Never use dark plastic bags. Yard waste in dark bags will likely be treated as trash and not recycled.

Brush

Trash and recycling collection companies generally do not collect debris from tree removal or land clearing activities. It is the responsibility of the resident to arrange for the removal of such debris. You can look in the phone directory under 'Rubbish' to find a hauler. Also, remember that waste wood or lumber (such as from a fence or deck) is not brush and will not be collected if set out with brush.

Option 1 - As with leaves and grass, brush should be placed in reusable containers or brown paper bags.

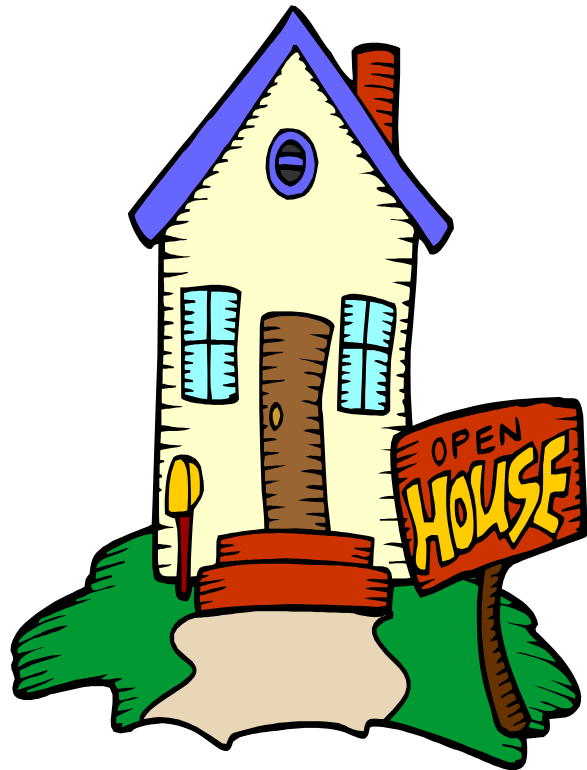
Option 2 - Small piles of brush may also be tied into bundles with twine.

For more specific information, contact your trash collection company.

Real Estate Corner

Active Listings

Style	Address	List Price
DUCHESS	5617 SOUTHAMPTON DR	\$389,900
DUKE	8923 BURKE LAKE ROAD	\$399,000
DUKE	8455 THAMES ST	\$427,000
DUKE	8926 CROMWELL DR	\$459,000
DUKE	8816 TRAFALGAR CT	\$648,500
PRINCE	8409 THAMES ST	\$449,000
QUEEN	5514 EASTBOURNE DR	\$464,888
QUEEN	5518 YORKSHIRE ST	\$485,000



Under Contract Listings

Style	Address	List Price
DUCHESS	8612 THAMES ST	\$375,000
DUKE	8715 CLYDESDALE RD	\$354,900
DUKE	8939 BURKE LAKE RD	\$399,000
KING	8520 SALISBURY CT	\$484,888
PRINCE	8411 DERBY CT	\$310,000
PRINCE	8511 PARLIAMENT DR	\$468,000

Sold

Style	Address	List Price	Sold Price	Subsidy	Final	Final	Date Closed
				(Seller's Credit to Buyer)	Sold Price	Price Reduction/Increase	
DUKE	5602 VENTNOR LN	\$439,000	\$439,000	\$13,170	\$425,830	\$13,170	09/23/10
DUKE	8702 VICTORIA RD	\$449,888	\$455,000	\$9,000	\$446,000	\$3,888	10/15/10
DUKE	8904 VICTORIA RD	\$453,888	\$453,000	\$13,590	\$439,410	\$14,478	10/20/10
DUKE	5615 SOUTHAMPTON DR	\$459,900	\$450,000	\$10,000	\$440,000	\$19,900	09/30/10
QUEEN	8809 PARLIAMENT DR	\$464,000	\$460,222	\$5,072	\$455,150	\$8,850	09/30/10

Provided by Susan Metcalf, Avery Hess Realtors 703-472-6512
 If you're considering buying, selling, or renting real estate, if you know anyone who is, or if you have any questions, please give me a call!

This is a paid advertisement.

KPINES Electric Sundays

Do you like to eat out? Would you enjoy getting to know your Kings Park neighbors better? If the answer is yes, join us for KPINES, Kings Parkers In Need of Eating Somewhere. We usually meet quarterly for Sunday Brunch, and occasionally for lunch, at a local restaurant. Everyone is welcome and we have a great time. We'd love you have you join us.



Sunday, January 16, 2011 we will head to Paradiso's Italian Restaurant at 6124 Franconia Road, Alexandria, for brunch at 11:00am. The cost is \$19.99 for adults (includes Mimosa, OJ, or champagne) and \$9.99 for kids. Coffee, tea, soda, or milk is \$2.50.

We will select the April restaurant at a later date. If you have any restaurant suggestions, please let us know. Please RSVP to Susan Metcalf by the Friday before each brunch at 703-503-0176 or Susan.Metcalf@verizon.net. If

you would like to be placed on an email list to be reminded a few days before a scheduled lunch/brunch, email Susan Metcalf at Susan.Metcalf@verizon.net with "KPINES" in the subject line.

The brunches are a fun time and a great way to meet or reconnect with your neighbors. If you need a ride or wish to carpool, please let Susan know so she can arrange for a ride for you. Otherwise, we will meet everyone at the respective brunch restaurants.



Treasurer's Note\$

By: Henry Cullerton

On September 21, 2010, the KPCA Treasurer presented the current fiscal year budget at our monthly Community Meeting. The KPCA budget year is August 1, 2010 to July 31, 2011.

The budget was approved by the KPCA Board of Directors, as required, and copies were provided to everyone at the meeting. Based on our expected revenue, the KPCA will be able to fund all anticipated expenses and end the year with a positive balance. A copy of the budget is available at on our web site, www.kings-park.org.

Beautification

The Kings Park Beautification Committee cleaned up our entrances on October 5th and October 23rd. The volunteers worked hard planting shrubs and flowers, cleaning up the beds, and cutting down trees and limbs. Please thank the following volunteers when you see them — it's because of them that our entrances look fabulous. Our hardworking volunteers for one or both days were: Rita and Joe Faudale, Joe Camacho, Marie and Henry Cullerton, Susan Malmburg, Paul Hoffman, Jim Sobecke, Diane Hoffman, Tom Kennedy, Terry Leking, and Cheron Rhodes. The Beautification Committee will be having another work party on November 6 at 9:30 am. If you want to help, please come to the Kings Park Drive entrance. We appreciate any and all volunteers.



Youth Committee

The Kings Park Youth Committee met to start planning for this year. We'd love to have any interested kids in grades 7-12 join us. Plans so far include a Halloween food drive, yard raking, helping at the holiday party and pot luck dinner, and a spring festival. Please contact Susan Metcalf at 703-503-0176 or Nancy Worfolk at 703-764-1979 for more information.

The committee is raking leaves again this year on November 12, 13, 19, and 20 to raise funds for committee activities. If you are interested in having your yard raked, contact Susan Metcalf or Nancy Worfolk. Leaf raking is on a first-come, first-served basis. All you need to provide are the bags, the leaves, and a donation. Thanks for your support.

Book Club

The book club is concluding another successful year. Many different genres were covered and there was something for everyone. We'd love to have new members – why don't you join us and suggest a favorite book or author?

Here is the book club's schedule for the next few months:

November 30: "The Girl With the Dragon Tattoo" by Stieg Larsson
December 15: Open House; come discuss your favorite books
January 25: "Valis" by Philip K. Dick



Call Lucy Daris at 703-978-1072 for more information.

Gazette Deliveries

If you eagerly anticipate the arrival of your Gazette, you need to thank the following volunteers who graciously deliver the Gazette on a regular basis. Many, many thank yous to:

Jean and Tom Kennedy
Marie and Henry Cullerton
Nancy Worfolk
Emily, Ethan, and Karen Moran
Joe Camacho
The Galligan Family
Rita Faudale
Nina Hodges
Justin and Derek Morris
Beverly Boschert
Karen Beck

Audrey, Alex, Maddy, and Sandy Hunter
Michelle, Derek, and Kari Green
The Wann Family
The Gold Family
Kathy Cameron and Cameron Young
The Bergan Family
The Cohn Family
Lucy Daris
Kelly, Curtis, and Susan Metcalf
Eileen Walsh and Family

Volunteer Appreciation Night



The Volunteer Appreciation Night was held Saturday October 23rd. Swing Music was provided by the Nighthawks. The lucky winners of the raffle prizes were Linda Camacho, Pam Cudahy, Diane Hoffman, John Riester, Ruth Risher, and Robert Rivera.



Dancing the night away to the Nighthawks. The highlight of the evening was the Birthday Dance of Robert, Robert, and Robert!